## Tendon reflex examination laboratory worksheet

|                                                  | Therapist position | Patient position | Tendon/muscle localization | Contact | Procedure | Clinical notes |
|--------------------------------------------------|--------------------|------------------|----------------------------|---------|-----------|----------------|
| Biceps Brachii<br>Reflex                         |                    | •                |                            |         |           |                |
| Musculocutaneous<br>Nerve<br>(C5 and <b>C6</b> ) |                    |                  |                            |         |           |                |
| Brachioradialis<br>Reflex                        |                    |                  |                            |         |           |                |
| Radial nerve<br>(C5, <b>C6</b> and C7)           |                    |                  |                            |         |           |                |
|                                                  |                    |                  |                            |         |           |                |
| Triceps Brachii<br>Reflex                        |                    |                  |                            |         |           |                |
| Radial nerve<br>(C6, <b>C7</b> and C8)           |                    |                  |                            |         |           |                |
|                                                  |                    |                  |                            |         |           |                |

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|------------------------------------------------------------|--------------------|------------------|----------------------------|---------|-----------|----------------|
| Adductor Reflex (longus and brevis)                        | ·                  | ·                |                            |         |           |                |
| Obturator nerve (L2-L3 L4)                                 |                    |                  |                            |         |           |                |
| Quadriceps Reflex                                          |                    |                  |                            |         |           |                |
| Femoral Nerve (L2, L3, <b>L4</b> )                         |                    |                  |                            |         |           |                |
|                                                            |                    |                  |                            |         |           |                |
| Medial Hamstring<br>Reflex                                 |                    |                  |                            |         |           |                |
| Tibial part of the<br>Sciatic nerve<br>(L5 and <b>S1</b> ) |                    |                  |                            |         |           |                |
| Achilles Tendon<br>Reflex                                  |                    |                  |                            |         |           |                |
| Tibial nerve (L5 <b>S1</b> and S2)                         |                    |                  |                            |         |           |                |
|                                                            |                    |                  |                            |         |           |                |